

# Russell County American Red Cross Health & Safety Community Courses

## First Aid, CPR and AED Courses:

1. Adult CPR
2. Child CPR
3. Infant CPR
4. Adult AED
5. Child AED
6. CPR/AED for the Professional Rescuer and Healthcare Provider
7. Sports Safety Training
8. Emergency Response
9. Wilderness First Aid Basics
10. Basic Aid Training
11. Oxygen Administration
12. Bloodborne Pathogens: Preventing Disease Transmission

## Aquatics:

1. Lifeguard Training
2. Guard-Start
3. Water Park Lifeguard
4. Water Front Lifeguard
5. Shallow Water Attendant
6. Parent and Child Aquatics (PACA)
7. Learn to Swim 1-6
8. Longfellow's Whales Tales
9. Basic Water Rescue
10. Community Water Safety

## Community Courses:

1. Babysitter's Training
2. Fire-E-Tale
3. Pet First Aid
4. Family Caregiving
5. Scrubby Bear
6. HIV/AIDS Prevention and Education

## Instructor Courses:

1. Lay Responder First Aid, CPR/AED Instructor
2. CPR/AED for the Professional Rescuer Instructor
3. Water Safety Instructor
4. Lifeguard Instructor
5. Babysitter's Training Instructor
6. Community Programs Leader
7. Fundamentals of Instructor Training (FIT)



**American Red Cross**

Russell County Chapter

If you are interested in any of our available courses, please contact the Russell County Red Cross Office:

1208 8<sup>th</sup> Avenue  
Phenix City, AL 36867  
(334)298-3631

[amanda@rcredcross.org](mailto:amanda@rcredcross.org)